

liquid collagen



Drink, delight, glow

Collagen is the most abundant protein in your body, accounting for up to 30% of all proteins. However, once you reach your late 20s, collagen production sharply declines. Despite this, maintaining higher collagen levels is possible, which can help you continue to activate wellness while looking and feeling your best.

3 Reasons to Love



Supports radiant, youthful skin



Source of marine collagen peptides



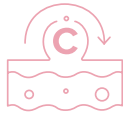
Provides antioxidants

Collagen, What's the Big Deal?

Collagen serves as the primary building block of your body's skin, muscles, bones, tendons, ligaments, and other connective tissues. There are 28 different types of collagen in the body. Each is pivotal in providing structure, strength, and support throughout the body. In your 20s and particularly after your 30s, collagen production sharply declines. Even with a well-balanced diet, it can be difficult to get the ideal amount of collagen protein from food.



A delicious
Appleberry
flavour



10 types of sustainably
sourced marine
collagen peptides
(I, II, V, VIII, IX, X, XI,
XVII, XVIII, XXVIII)



No added sugar
or artificial
sweeteners



100%
recyclable
packaging

Don't Let Ageing Stop You from Living

TrueScience® Liquid Collagen is expertly crafted to support your skin's youthful, radiant appearance. This premium formula contains 5000 mg of high-quality, naturally sourced marine collagen to help contribute to the body's natural sources of collagen. The marine collagen peptides are highly bio-available, ensuring your body absorbs them efficiently. Additionally, this formula includes 15 mg of lycopene, a powerful antioxidant derived from red tomatoes, and vitamin C, sourced from a blend of spinach, blueberry, and acerola. These ingredients help support the body's overall health and resilience.

Did You Know?

- Although diet plays a significant role in collagen production, factors such as unprotected exposure to sunlight, pollution, and various environmental elements can also impact the collagen in your body. [1]
- Collagen can hold a considerable amount of water, which helps keep your skin hydrated and plump.
- The roots of the word "collagen" go back to the Greek word "κόλλα," which means glue.
- Lycopene is a powerful antioxidant found in tomatoes and other fruit.

References: [1] <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3583881/>

Mode of Use:

Drink one 50ml dose per day (1 bottle).

WARNINGS: Do not exceed recommended dose. A food supplement cannot be used as a substitute for a varied and balanced diet and a healthy lifestyle. Keep out of the reach of children. Do not use if the inner protective seal is torn or missing. Keep in a cool dry place.

| Daily dose/La dose quotidienne/Dagelijkse dosis/ Die Tagesdosis/Dosis diaria (50ml) contains/ contient/ bevat/ehält/contiene: | | NRV/VNR/ VWR/ NRW/VRN |
|---|----------|-----------------------------|
| Vitamin/Vitamine /Vitamina C (<i>Malpighia glabra</i> L.) | 9,0 mg | 11,0% |
| Lycopene/Lycopène/Lycopeen Lycopin/Licopeno | 15,0 mg | † |
| Fish Collagen Peptides/Peptides de collagène depoisson/Viscollageenpep tiden/Fischkollagen- peptide/Péptidos de colageno de pescado | 5,000 mg | † |

† % Not established/non établi/niet vastgesteld/nicht definiert/no establecido

INGREDIENTS: Water, Apple juice concentrate (*Pyrus malus* L.), Acid (E330), Fish collagen peptides, Flavouring (Strawberry, Cranberry), Lycopene, Spinach Juice Powder (*Spinacia oleracea*), Blueberry Powder (*Vaccinium angustifolium*), Acerola juice powder (*Malpighia glabra* L.), Preservative (E202)

