

# PHYSIQ™

## WEIGHT MANAGEMENT. THE WAY YOUR BODY INTENDED IT.

It's a universal feeling—stepping on the scale and not knowing what it is going to say, no matter how consistent your actions have been. Why? Why can the same diet and exercise routine lead to great results one day and not the next? This is frustrating, and guess what? It's not completely your fault. One factor is that as we age our bodies can get a little out of whack. To work optimally again, they just need a helping hand.



### Product Info

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#### WHO HAS TIME TO BE HEALTHY?

The weight loss industry is dominated by short-term gains, inflated hype, and never-ending fads, but at LifeVantage we're taking a different approach. It starts with science, and it's engineered specifically to keep your body optimized for health. Welcome to PhysIQ – a biohacker's approach to weight

management. Utilizing the newest advances in gut science, our products are flexible and powerful. They help you feel energized. They boost your metabolism. And with nutrigenomics, they help you get more out of your biology so you can achieve your weight management goals.

*Benefits*

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**PHYSIQ PREBIOTIC**

PhysIQ Prebiotic works together with LifeVantage ProBio to give your gut a one-two punch of health to your gut to support a healthy metabolism and a digestive system that runs like a well-oiled machine.

*PhysIQ Prebiotic Benefits*

- Source of amino acids involved in muscle protein synthesis.
- Source of soluble fiber for the maintenance of overall good health
- Helps support and maintain a healthy digestive system
- Helps stimulate the growth of healthy bacteria in the intestine / gut
- Helps provide gentle relief of constipation and / or irregularity

**THE PHYSIQ WEIGHT MANAGEMENT LINE***PhysIQ Metabolic Enhancer*

Healthy weight management isn't a sprint. It's a marathon. PhysIQ Fat Burn is a scientifically formulated solution designed to support your body's ability to burn fat with ingredients like Sinetrol®\* and Green Coffee Bean Extract. It's an effective way to help wake up your metabolism, feel more energized, and help you shed those stubborn pounds.

*Metabolic Enhancer Benefits*

- Could be a complement to a healthy lifestyle that incorporates a calorie-reduced diet and regular physical activity for individuals involved in a weight management program
- Helps support cardiovascular health
- Source of antioxidants that help protect cells against the oxidative damage caused by free radicals.
- Helps maintain healthy blood pressure levels

*PhysIQ Whey Protein*

With PhysIQ Whey Protein, you get 18 grams of great-tasting protein powder. It gives you the energy and amino acids your body needs to build lean muscle, provide energy, and help recover from workouts.

*Whey Protein Benefits*

- Stay energized with 18 grams of protein per serving
- Drink confidently with a quickly-digestible formula
- Build lean muscle with whey protein
- Recover faster after workouts
- Guilt-free with only 1g of sugar per serving

\* Sinetrol® is a registered trademark owned by Fytexia SAS.