

LifeVantage®

PHYSIQ™

PROBIO



Get *Smart* About Probiotics

PhysIQ™ ProBio uses a time-release technology- this allows the probiotics to travel deep in your gastrointestinal tract to support optimal digestion—the smart way to take probiotics. With added immune system support, you get a full-spectrum ally in your journey toward a healthier immune system.

Your Gut Could be Wrong

Intestinal disorders contribute to our general discomfort and stress—but many don't know they have a problem. Our whole digestive system is governed by a complex ecosystem of helpful and harmful bacteria. When the harmful bacteria take over, it leads to gastrointestinal discomfort, a low performing immune system, trouble losing weight, and stress may increase intestinal permeability.

Increased intestinal permeability may lead to undigested food, bacteria and toxins getting into our blood stream. This can cause more stress and fatigue in your body and can send wrong signals to your brain—making you think you are still hungry when you're already full.

It Can Get Worse Before it Gets Better

Our stressful lifestyles come with harmful side effects from poor diet, lack of exercise and sleep—disturbing the healthy bacteria

balance in our guts. Probiotics help restore that balance, but most probiotic products don't make it to your gastrointestinal tract—they get dissolved in the acidic environment of your stomach. But, there's a smart way to get them past this obstacle.

Straight to the Gut

PhysIQ ProBio from LifeVantage uses controlled-release technology to deliver 6 strains of healthy bacteria deep into your gut where they're needed. Its 6 billion CFUs of friendly bacteria are accompanied by added immune system support to boost your immune system strength—restoring the healthy balance you need to transform your body and life.

PhysIQ ProBio

PhysIQ ProBio uses proven ingredients to support long-term gut health and bring you one step closer to your weight management goals. With controlled-release technologies, it's a scientifically advanced answer to gastrointestinal problems. PhysIQ ProBio is the smart way to support optimal digestion and immune system function.

PROBIO BENEFITS*

- Helps support intestinal/gastrointestinal health
- Could promote a favorable gut flora
- Helps support the immune system

The Science Behind Smart Probiotics

The balance of healthy and harmful bacteria in your gut is a delicate one that affects your mental and physical health. That's why LifeVantage chose naturally derived probiotics to give you the support you need. PhysIQ ProBio uses the natural potency of probiotics to support your journey of uncovering a healthier self.

PhysIQ ProBio delivers 6 Billion CFUs of healthy bacteria and each strain of bacteria has a unique benefit. Probiotics are measured in Colony Forming Units (CFU), which is a measurement of healthy live bacteria. Using a broad array of probiotic strains provides you with a spectrum of benefits for your gut. More is not always better—especially when it comes to probiotics. Having a balanced amount of probiotics that are alive when they arrive in your gut is more important than the quantity you ingest. That's why PhysIQ ProBio uses BIO-Tract controlled-release technology to deliver live probiotics deep into your small and large intestine.

Probiotic Strains—(Lactobacillus plantarum, Lactobacillus acidophilus, Bifidobacterium lactis, Lactobacillus casei, Lactobacillus rhamnosus, Bifidobacterium)—Healthy probiotic strains to help support healthy digestion, immune function and wellness.



RECOMMENDED DOSE:

Adults: Take 3 tablets daily with a full glass of water. If you are on antibiotic(s), take at least 2-3 hours before or after.

CAUTIONS AND WARNINGS: Consult a health care practitioner prior to use if you have fever, vomiting, bloody diarrhea or severe abdominal pain.

If symptoms of digestive upset (e.g. diarrhea) occur, worsen, or persist beyond 3 days, discontinue use and consult a health care practitioner.