



PHYSIQ™

WHEY PROTEIN

GOOD FOR EVERY BODY.

You've got a day ahead of you: meetings to attend, goals to hit, a family—or some laps—to run. Give your body 18 grams of protein and all the energy and amino acids it needs to build lean muscle, power through workouts, and take on whatever today throws at you.



Product Info

STRONG SCIENCE.

The PhysIQ Protein Shake tastes great. But it's also packed with hard-working science. We engineered it with a combination of fast and slow-release

proteins, so you can build lean body mass and recover from workouts faster.

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WHEY PROTEIN

Benefits

- Stay energized with 18 grams of protein per serving
- Drink confidently with a quickly-digestible formula
- Build lean muscle with high-quality whey protein
- Recover faster after workouts
- Guilt-free with only 1g of sugar per serving

Science

Your body runs on protein. Not only does it build healthy muscles, bones, skin, and hair, but protein also produces enzymes that support critical chemical reactions.

Protein delivers over twenty essential amino acids that your body can't produce on its own. That's why protein-packed food and supplements are so important. And because whey protein is particularly easy to digest and so good at building lean muscle, we went with an exclusively whey formula. So you can have the strength you need, when you need it most.

Directions for Use

Mix one level scoop of PhysIQ Protein with 240 ml (8 oz) of water or your favorite kind of milk in a shaker bottle. Take one or two times per day. Can be blended with peanut butter, bananas, and other fruits for added flavor and nutrients. Shake is not a meal replacement.



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