

# **PROBIO**

# GET SMART ABOUT PROBIOTICS

LifeVantage® ProBio uses time-release probiotics deep in your gastrointestinal tract to support optimal digestion - the smart way to take probiotics.



Product Info

### YOUR GUT COULD BE WRONG

Intestinal issues contribute to our general discomfort and stress—but many don't know they have a problem. Our whole digestive system is governed by a complex ecosystem of helpful and harmful bacteria. When the harmful bacteria take over, it leads to gastrointestinal discomfort, a low performing immune system, and trouble losing weight.

Stress may also increase intestinal permeability. Increased intestinal permeability may lead to undigested food, bacteria and toxins getting into our blood stream. This can cause more stress and fatigue in your body and can send wrong signals to your brain—making you think you are still hungry when you're already full.

# IT CAN GET WORSE BEFORE IT GETS BETTER

Our stressful lifestyles come with harmful side effects from poor diet, lack of exercise and sleep—disturbing the healthy bacteria balance in our gut. Probiotics help restore that balance, but most probiotic products don't make it to your gastrointestinal tract—they get dissolved in the acidic environment of your stomach. But, there's a smart way to get them past this obstacle.

#### STRAIGHT TO THE GUT

LifeVantage ProBio uses controlled-release technology to deliver 6 billion strains of healthy bacteria deep into your gut where they're needed. That's 6 billion CFUs of friendly bacteria—restoring the healthy balance you need to transform your body and life.

### **PROBIO**

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- Provides 6 Billion CFUs of healthy bacteria to support your digestive system
- Restores your gut flora with healthy bacteria

· Helps restore gut integrity

#### Science

## THE SCIENCE BEHIND SMART PROBIOTICS

The balance of healthy and harmful bacteria in your gut is a delicate one that affects your mental and physical health. That's why Lifevantage chose naturally derived probiotics delivered by controlled release technology to give you the support you need. LifeVantage ProBio uses the natural potency of probiotics to support your journey of uncovering a healthier self.

ProBio delivers 6 Billion CFUs of healthy bacteria and each strain of bacteria has a unique benefit. Probiotics are measured in Colony Forming Units (CFU), which is a measurement of healthy live bacteria. Using a broad array of probiotic strains provides you with a spectrum of benefits for your gut. More is not always better—especially when it comes to probiotics. Having a balanced amount of probiotics that are alive when they arrive in your gut is more important than the quantity you ingest. That's why LifeVantage ProBio uses controlled-release technology to deliver live probiotics deep into your small and large intestine.

**Probiotic Strains** — Healthy probiotic strains to help support healthy digestion, immune function and wellness. — (Lactobacillus paracasei, Lactobacillus acidophilus, Bifidobacterium lactis, Lacotbacillus rhamnosus,)

# Directions

Take one (1) capsule daily with glass of water.