

MB System™



Take Back Control with the MB System™

Experience the next evolution in Activation with the MB System™—a 2-product system designed to help you build better habits and achieve your goals. It supports a balanced relationship with food so you can become a stronger, healthier you.

3 Reasons to Love



BALANCING CONNECTIONS

Supports balance for a healthier relationship with food. Take back control and break the toxic cycle!



SCIENCE BACKED

The proof you need to feel confident that you'll see results.



SUSTAINABLE

Work with your body's natural processes for sustainable lifestyle changes without deprivation or restriction.

The MB System™ gets to work right away.

PRODUCT INFORMATION SHEET
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From day one, you're empowering your body's natural processes on a cellular level. Your diet, biology, and environment will all play into your experience. Here's what to expect:



PHASE 1 (APPROX. WEEKS 1-6)

Finding Balance

More fibre keeps you fuller as your gut finds its natural balance.



PHASE 2 (APPROX. WEEKS 6-10)

Food Noise Fades

Cravings calm and healthy choices become easier.



PHASE 3 (APPROX. WEEKS 10-14+)

Feel the Difference

As activation optimises and digestion improves, you'll start to experience the natural results of positive change.



PHASE 4 (APPROX. WEEKS 15+)

Live Activated

Keep taking your products and incorporating nutrition, movement, and mindfulness into your daily routine for long-term success.

Benefits



Contributes to cell protection from free radical damage



Contributes to a reduction of tiredness and fatigue, and a normal energy release from food



Contributes to normal energy, carbohydrate, and macronutrient metabolism



Contributes to normal cognitive and psychological function





EACH HARD CAPSULE CONTAINS:

<i>Saccharomyces cerevisiae</i> cell powder.....	200 mg
Citrus bioflavonoids extract	200 mg
Equiv. Hesperidin 100 mg	
Acacia	250 mg
<i>Cinnamomum verum</i> root bark dry.....	5 mg
<i>Solanum melongena</i> fruit dry	5 mg

EXCIPIENT INGREDIENTS: maltodextrin, hypromellose, microcrystalline cellulose, palmitic acid, stearic acid

Directions for Use:

Adults take 2 capsules with a full glass of water 30 minutes before your first calories of the day, or as recommended by your health-care practitioner.

WARNINGS: Not recommended for use by pregnant and lactating women. Do not use if pregnant or likely to become pregnant. Adults only. Use only as directed. Do not use if cap seal is broken.

Store in a cool, dark place.

KEEP OUT OF REACH OF CHILDREN.



Nutrition Information

Servings per package: 30
Serving size: 2 scoops (18 g)

	Average Quantity per Serving	Average Quantity per 100 g
Energy	260 kJ 62 (cal)	1444 kJ 344 (cal)
Protein	Less than 1 g	Less than 1 g
Fat, total	Less than 1 g	Less than 1 g
- saturated	Less than 1 g	Less than 1 g
Carbohydrate	15.6 g	87 g
- sugars	5.3 g	29.4 g
Dietary Fibre	10.3 g	57 g
Sodium	260 mg	1444 mg
Vitamin C	30 mg	167 mg
Riboflavin	1.89 mcg	10.5 mcg
Zinc	0.6 mg	3.27 mg
Blueberry Juice Powder	366 mg	2.03 g
Cranberry Juice Powder	366 mg	2.03 g
Grape Seed Extract	120 mg	692.6 mg
Kombucha	320 mg	1776 mg

INGREDIENTS: Resistant Potato Starch, Resistant Tapioca Starch, Food Acid (Citric Acid), Salt (Pink Himalayan Salt), Thickener (Xanthan Gum), Blueberry Juice Powder, Cranberry Juice Powder, Kombucha (Oolong Tea, Apple Cider Vinegar, Tapioca Fibre), Grape (*Vitis vinifera*) Seed Extract, Medium Chain Triglycerides, Ascorbic Acid, Stevia Leaf Extract, Stabiliser (Gum Acacia), Zinc Gluconate, Riboflavin, Natural Flavour, Emulsifier (Maltodextrin), Thickener (Guar Gum).

Directions for Use:

Take one serving of 2 slightly rounded scoops daily. You may take both scoops at once or spread them throughout the day as needed to fit your schedule. MB Enhance is best when mixed with 350 to 480 mL of a protein shake, smoothie, or any low-sugar/no-sugar beverage of your choice, including LifeVantage products like AXIO®. Consume no more than 1 serving per day.

WARNING: NOT SUITABLE FOR CHILDREN UNDER 15 YEARS OF AGE, PREGNANT OR LACTATING WOMEN. SHOULD ONLY BE USED UNDER MEDICAL OR DIETETIC SUPERVISION.

Use only as directed. Not a sole source of nutrition and should be consumed in conjunction with a nutritious and varied diet. Should be consumed in conjunction with an appropriate physical training or exercise program.

NOTE: When starting MB Enhance, we recommend a ramp-up phase, allowing your body to adjust to the increased fibre intake and minimise any discomfort associated with sudden dietary changes. For the first 7 days, take 1 scoop daily, then increase to the recommended 2 scoops daily. **Store in a cool, dark place.**