

ic bright™

VISION & BRAIN COMPLEX*

EN REDUCES EYE FATIGUE

product information sheet

Stay Sharp.
Fresh eyes
and bright ideas.



Your vision, your perspective, your focus. They all start with your eyes. As we use technology more and more—for work and play—it's important to protect your eyes against blue light from all your devices. IC Bright™ combines macular carotenoids with vitamins and key ingredients that effectively support your eye and brain health. It also provides support for eye fatigue and strain, supports brain functions, and may help support normal sleep patterns. Feel fresh and bright, and focus on what matters.

What are you looking at?

Blue light. It's unavoidable—and the most harmful type of light in the visible spectrum. Its main source is the sun, but it also comes from all your digital devices: laptops, desktops, tablets, and TVs. On average, a person spends at least half a day on digital devices.

Whether you spend time outdoors in the sun, work in front of a computer, or want to support eye health as you age, IC Bright supports your efforts with protection and nourishment. Plus, you get added benefits to support your brain health and sleep patterns.



Directions

Take 2 softgels daily, preferably with food.

Benefits



Supports eye health and protects eyes against oxidative stress



Supports the protection of eyes from the effects of blue light from digital devices and the sun



Supports brain health and healthy levels of essential proteins for the brain



Supports natural macular pigment optical density, macular and retinal health



Supports visual function and performance, including contrast sensitivity and tolerance for glare/brightness



May help support normal sleep patterns, which can be disrupted by blue light exposure

Results

Contains macular carotenoids lutein and zeaxanthin in amounts (20 mg and 4 mg respectively) shown to offer eye support benefits and protection in scientific studies:

- Supports macular pigment optical density (MPOD) in young, healthy subjects in as little as 8 weeks.
- Shown to help support healthy levels of BDNF (brain-derived neurotropic factor), which are essential for neuroplasticity

Ingredients

- Lutein-zeaxanthin
 - 20 mg lutein
 - 4 mg zeaxanthin sourced from marigold flowers
- 10 mg zinc gluconate
- 125 mg vitamin C
- 5 mcg vitamin D3
- 250 mg omega-3 fatty acids (150 mg of DHA)
- 1 mg copper gluconate
- 20 mg vitamin E
- 50 mg bilberry powder, or European Blueberry (*Vaccinium myrtillus*)

WARNINGS: Contains soy and fish (cod). Keep out of reach of children. Always read the label and use as directed. Supplementary to a balanced diet.

