

product information sheet



Build Your Inner Strength

A strong, healthy body helps you keep doing what you love. Get key micronutrients with a unique multi-nutrient blend and benefits that pack the punch of two products in one. LifeVantage D3+ does more than simply supplement you with vitamin D. It also provides vitamin K2, magnesium, and calcium. Together, these nutrients support bone strength, immune and muscle and nerve health. With added silicon, it delivers complete support for calcium absorption. Most people need more of these key nutrients, which are essential for supporting the activation of hundreds of processes within the body. Don't let a lack of key nutrients be the weak link in your active life. Keep your body and mind healthy and activate your inner strength with LifeVantage D3+.

Benefits



Maintain general health and wellbeing



Support bone health and maintain bone strength



Help support bone mineralization



Support immune system health and function



Maintain muscle function



Support a healthy neuromuscular system



Directions

Take 2 tablets once daily, with water, after a meal.

WARNINGS: Vitamins and minerals can only be of assistance if dietary intake is inadequate. Do not use if breastfeeding, pregnant or likely to become pregnant. Do not use if tamper-evident seal is torn or missing.

Ingredients

Dosage size: 2 Tablets

Doses per container: 30

Active Ingredients per tablet

Colecalciferol	10 micrograms
Calcium ascorbate dihydrate	26.6 mg
Equivalent to Calcium	2.5 mg
Calcium carbonate	318 mg
Equivalent to Calcium	128 mg
TOTAL CALCIUM 130 mg	
<i>Equisetum arvense</i> extract dry concentrate	5 mg
From dry herb	50 mg
Magnesium chloride hexahydrate	21 mg
Equivalent to Magnesium	2.5 mg
Magnesium oxide	120 mg
Equivalent to Magnesium	72.5 mg
TOTAL MAGNESIUM 75 mg	
Menaquinone 7	22.5 micrograms

Inactive Ingredients: Microcrystalline Cellulose, Croscarmellose Sodium, Magnesium Stearate, Acacia, Stearic Acid, Hypromellose, Modified Food Starch, Hyprolose, Macrogol 8000, Stearic Acid, Sucrose, Coconut Oil, Sodium Ascorbate, Medium Chain Triglycerides, dl-alpha-tocopherol, Silicon Dioxide, Maltodextrin.

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Can I take LifeVantage® D3+ with my other supplements?

If you have any questions about how your supplements will interact with LifeVantage D3+, please consult your health care professional to verify their effectiveness together.

Don't I get vitamin D from my diet or the sun?

You can get enough vitamin D from the sun when combined with a proper diet. However, over 1 billion people are vitamin D deficient and approximately 50% of the population currently has a vitamin D insufficiency. So, while you can get vitamin D from the sun and your diet, you likely aren't getting enough.

How many servings are there per bottle?

Each bottle contains 30 servings.

Can I give LifeVantage D3+ to my children?

This product is formulated for adults, so we do not recommend giving LifeVantage D3+ to your children.

Can I take LifeVantage D3+ if I am pregnant or nursing?

We suggest you consult with your physician before use if you have any questions or concerns about your pregnancy.

Are there any potential allergens in LifeVantage D3+?

LifeVantage D3+ is free from gluten, wheat, dairy, gelatin, and yeast. If you have any specific concerns about ingredients, please contact your health professional.

What are the vitamins and minerals in LifeVantage D3+ derived from?

The majority of the vitamins and minerals in LifeVantage D3+ are synthetic. However, all of the vitamins and minerals in LifeVantage D3+ are designed to be nature identical, so your body will recognize them as if in their natural form.

When should I take LifeVantage D3+?

We recommend taking LifeVantage D3+ once daily, preferably with food.

Are there any side effects to taking LifeVantage D3+?

We do not expect there to be any side effects for the LifeVantage D3+ consumer. If you experience any adverse reaction, discontinue use of the product and let our support team know by calling (866) 460-7241.

Is LifeVantage D3+ gluten-free?

Yes, LifeVantage D3+ is gluten free.

If my doctor tells me I have a vitamin D deficiency, will LifeVantage D3+ help?

LifeVantage D3+ provides more than your necessary daily value of Vitamin D. We recommend speaking with your health care professional to determine if this is the right fit for you.

How does LifeVantage D3+ complement the other LifeVantage products?

LifeVantage D3+ can be taken with other LifeVantage supplements. We recommend taking it with TimeVantage™ AM & TimeVantage™ PM for a more complete daily multivitamin to help your body function optimally.

What is Equisetum arvense extract for?

Equisetum arvense, also known as Horsetail extract or sawgrass, is a plant-based natural source of silicon, another micromineral that has been shown to support healthy bones.

