



smart energy

GET IT DONE

EN AXIO® REGULAR & AXIO® LO

frequently asked questions

What is AXIO?

AXIO is a drink mix that supports energy levels, supports nervous system function, assists synthesis of neurotransmitters, and maintains general health and mental well-being.

Can I use the AXIO products with Protandim® Nrf2 Synergizer®?

YES. The AXIO products are designed to help maintain both physical and mental energy levels, while Nrf2 Synergizer is designed to help reduce cellular stress. Since the AXIO products contain several ingredients with known activating effects, like green tea, it is recommended to consume Nrf2 Synergizer and AXIO at least one hour apart from each other, ideally up to two hours apart, for optimal absorption and efficacy of each product. For example, many people prefer to take Nrf2 Synergizer with breakfast or another meal to optimize absorption, while AXIO is typically used between meals to maintain physical energy.

Do the AXIO products contain Nrf2 ingredients?

Yes. While oxidative stress protection is not the point of the AXIO products, they do contain green tea extract, which is an Nrf2 ingredient. For Nrf2 synergy, we recommend Nrf2 Synergizer.

What time of day is best to use the AXIO products?

The AXIO products can be used as needed to help support energy levels and maintain general well-being. No caffeine added AXIO LO can be consumed any time, while regular AXIO, which contains caffeine, should be consumed early enough that it does not interfere with your ability to fall asleep.

What is the shelf life of the AXIO products?

AXIO has a shelf life of two years when stored in a cool, dark, and dry place as directed.

Are the AXIO ingredients non-GMO?

Yes, the ingredients are non-GMO.

ALWAYS READ THE PRODUCT LABEL
AND FOLLOW THE DIRECTIONS FOR USE

What can you tell me about the maltodextrin in the AXIO formulas?

Maltodextrin is a natural polysaccharide — basically a complex carbohydrate made up of a long chain of glucose molecules from plant starches. If you've ever eaten a starchy root, such as a potato or a starchy grain like corn or wheat, then you've eaten maltodextrin.

Maltodextrin can be extracted from any plant starch, including potato, wheat, and corn, through a process called hydrolysis, which uses water and enzymes to break the very large starch molecules into smaller maltodextrin fragments.

Maltodextrin has a glycemic index (GI) between 80 to 130, compared to a reference GI of 100 for pure glucose (depending on the size and branching structure of the specific maltodextrin molecule). However, it's important to remember the difference between glycemic index (GI) and glycemic load (GL). Even though pure maltodextrin is digested and absorbed quickly by the body (and athletes may use large servings of maltodextrin in their sports drinks to support energy needs during exercise), our AXIO products have very small amounts of maltodextrin (2g–3g and 10–15 calories), which are unlikely to impact blood sugar levels.

The maltodextrin used in our AXIO products is derived from cornstarch sourced from non-genetically modified (non-GMO) corn. It contains 95% maltodextrin and 5% water with no other ingredients. It's a mostly tasteless powder that serves 3 purposes:

- Help the active ingredients in the formula to flow more smoothly during the blending and packaging process. This maintains consistency of active ingredients and flavours between each serving of product.
- Make it easier to dissolve when mixed with water.
- Improve the "mouth feel" when you drink it.

There are a lot of myths circulating on the internet about alleged "dangers" of maltodextrin, but the truth is that non-GMO corn-derived maltodextrin helps our AXIO products retain consistency and efficacy from serving to serving and helps them mix and taste better.

What is the return policy for the AXIO branded product?

The return policy follows LifeVantage policies currently in place.

Where is AXIO manufactured?

AXIO is manufactured in the United States of America.

What if I have an adverse reaction to the AXIO products?

Call Distributor Support.
AU: 1-800-218-751. NZ: 0800-424-302.

What are the ingredients for the AXIO products?

AXIO: Asparagus officinalis extract dry concentrate, Camellia sinensis extract dry concentrate, caffeine, nicotinamide, pyridoxine hydrochloride, magnesium chloride hexahydrate, dextrin, silicon dioxide, maltodextrin, citric acid, malic acid, steviol glycosides, flavour (maltodextrin, flavours, acacia, triacetin), colour (citric acid, Daucus carota (carrot) root extract dry, maltodextrin, Ribes nigrum (black currant) fruit extract dry).

AXIO LO: Asparagus officinalis extract dry concentrate, Camellia sinensis extract dry concentrate, nicotinamide, pyridoxine hydrochloride, magnesium chloride hexahydrate, dextrin, silicon dioxide, maltodextrin, citric acid, malic acid, Stevia rebaudiana leaf extract, flavour (maltodextrin, flavours, gum arabic, triacetin), colour (citric acid, Daucus carota (carrot) root extract dry, maltodextrin, Ribes nigrum (black currant) fruit extract dry).

What sweeteners are used in the AXIO products?

AXIO products contain only natural sweeteners. Our primary sweetener is stevia leaf extract.

Do I have to provide my own water to mix with the AXIO products?

Yes. 350-450 mL of cold water is recommended in a bottle, glass, or other container. For stronger flavour, use less water. For lighter flavour, add more water.

What is the difference between the two AXIO products?

AXIO contains 50mg of added caffeine to offer a rapid source of energy whereas AXIO LO contains no added caffeine.

Can I consume the AXIO product out of the packet without water?

LifeVantage recommends consuming the products as directed.

Who developed the AXIO products?

AXIO products were developed by LifeVantage's Research and Development department.

Are the Vitamins in the AXIO products synthetic?

The vitamins present in the AXIO energy drink are nature identical, meaning they have the same chemical structure as naturally derived vitamins. Because the vitamins are nature identical, they have been shown in studies to be safe, bioavailable, and effective.

How much sodium is in AXIO and AXIO LO?

As per the label there is no sodium in AXIO and AXIO LO.

What is the source of the citric acid in the AXIO products?

Citric acid is manufactured by a natural fermentation of glucose syrup and sugar. There is no genetically modified material in the citric acid used in AXIO.

What is the pH of the AXIO products?

AXIO has a similar pH to orange juice. However, remember that the water used to mix the AXIO products will influence the resulting pH, as well as the concentration of the mixture.

How long do the AXIO products last?

Individual results may vary.

I tried the AXIO products and didn't notice anything. What's wrong?

Individual results may vary.

Should a person consume the AXIO products with food or on an empty stomach?

While AXIO certainly can be consumed in conjunction with food, for best results, drink AXIO and AXIO LO between meals on an empty stomach.

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