

## *LifeVantage Pro+*

### What is LifeVantage Pro+?

Pro+ is a scientifically advanced live cell culture supplement. It uses BIO-Tract® technology to time-release healthy bacteria deep in your gastrointestinal tract to give your body the support it needs. — the smart way to take Pro+. With Wellmune® added, you get a full-spectrum ally in your journey toward a healthier weight and happier life.

### What are healthy bacteria?

Healthy bacteria are living microorganisms that benefit the health of the larger organism that live inside of you. Healthy bacteria occur naturally and helps generate metabolites in your gut that support the immune system and send good signals to the brain.

### How often should I consume Pro+?

Healthy bacteria are only 'visitors' in your intestine and will disappear, along with their health benefits, when not consumed regularly. A daily dose of Pro+ is recommended.

### How do I take this product?

Take three capsules daily with a full glass of water.

### Why do I need Pro+?

The balance of healthy and harmful bacteria in your gut is a delicate one that affects your mental and physical health. Pro+ is especially helpful after a cleanse program.

### What does CFU mean?

This is an industry term that stands for "colony-forming units," and measures the number of healthy live bacteria present in the product.

### What is Bio-Tract® Technology?

This patented, controlled-release technology delivers naturally derived probiotics deep into your gastrointestinal tract. It releases healthy bacteria over a 10-12 hour period while Pro+ makes the journey through your digestive tract. This ensures that it reaches to your small and large intestine — where it's needed most.

### Is Pro+ Gluten Free?

Yes. Pro+ is 100% free of gluten and wheat.

### How does Pro+ support my immune system?

Having a healthy gut microflora is extremely important — if not necessary — for a healthy immune and digestive system. The digestive tract is home to an estimated 100 trillion bacteria — which is many times more than the total number of cells in the human body.

Beginning in infancy, "friendly" gut flora are a key part of good health, helping the body digest food and perform other useful tasks. As an adult, your gut flora may need support to balance your overall health and Pro+ gives it the support it needs.

### Can children take Pro+?

No. Pro+ is formulated for adult use only.

### Is it possible to overdose with Pro+?

No. It's more common not to get health benefits due to inadequate daily doses.

### Are there any side effects to taking Pro+?

Less than 1% of test groups report any side effects. Of those that report any side effects, it's usually limited to excess gas. This problem is remedied when the user discontinues use for a few weeks and then resumes taking at a smaller dose.

### Is refrigeration necessary for Pro+ storage?

Refrigeration is not needed as long as the product is kept in a cool dry place.

### How is Pro+ different from other products on the market?

Other live cell cultures can dissolve in your stomach acid, never making it where they're needed most — your small and large intestine. Pro+ uses Bio-Tract controlled-release technology to go deep into your gastrointestinal tract.

Pro+ also contains Wellmune®, Wellmune® yeast beta glucans.

### Is it safe to use if I'm pregnant?

Please consult your physician before using any supplement products while you're pregnant.

### Does Pro+ contain Nrf2 ingredients?

No.

### Can I use Protandim® with Pro+?

Yes, you may use Protandim with Pro+.

### Has Pro+ been tested?

Yes, the ingredients in Pro+ have been studied in humans.

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