

+ FAQS +

#### WHAT IS PROTANDIM® NRF1 SYNERGIZER™?

While free radicals continue to break down mitochondria with every breath, so you have more energy while you fight the signs of aging. Using a proprietary and exclusive formulation, Protandim NRF1 Synergizer can be used as part of a healthy lifestyle.

#### WHAT DOES NRF1 MEAN?

NRF1 stands for Nuclear Respiratory Factor 1. It should not be confused with NFE2L1 which is Nuclear factor erythroid 2 like-1.

#### WHAT IS NUTRIGENOMICS?

Nutrigenomics is the study of how nutrition and naturally occurring compounds affect our genes and how they are expressed.

#### WHAT IS MITOCHONDRIAL BIOGENESIS?

Mitochondrial biogenesis is the process by which new mitochondria are formed in the cell. Mitochondrial biogenesis is activated by numerous different signals during times of cellular stress or in response to environmental stimuli such as exercise.

### HOW DOES PROTANDIM NRF1 SYNERGIZER AND PROTANDIM NRF2 SYNERGIZER WORK TOGETHER?

A reduction of oxidative stress and support of mitochondria production increases cellular health and this in turn supports healthy aging.

#### WHAT IS ATP (ADENOSINE TRIPHOSPHATE)?

Adenosine triphosphate (ATP) is the major energy currency of the cell. In other words, ATP is the form of energy used by your cells.

#### WHAT IS ATP SYNTHESIS?

It is the production of ATP.

#### WHEN DO I TAKE PROTANDIM NRF1 SYNERGIZER?

Take 2 capsules daily. For best results, take Protandim NRF1 at the same time each day.

### CAN I TAKE THIS AT THE SAME TIME AS I TAKE MY PROTANDIM NRF2?

Yes.

### IS THIS PRODUCT SAFE TO TAKE WITH PRESCRIPTION MEDICATION?

Please consult your physician if you are taking any medication before use.

### CAN I USE THIS PRODUCT IF I AM PREGNANT OR NURSING?

No, we do not recommend this product if you are pregnant or nursing.

#### **CAN CHILDREN TAKE THIS PRODUCT?**

No, we do not recommend this product for children. Our products are made for individuals 18 and older.

# WHAT'S THE DIFFERENCE BETWEEN PROTANDIM NRF1 SYNERGIZER AND PROTANDIM NRF2 SYNERGIZER?

Protandim Nrf2 Synergizer can help your body:

- Protandim Nrf2 Synergizer is a daily food supplement that supports cellular health and well-being.
- Science research and literature demonstrate the importance of cellular health

#### Protandim NRF1 Synergizer is designed to:

- Feel more active
- Feel more alert
- Feel younger
- Feel rejuvenated

### HOW DOES PROTANDIM NRF1 SYNERGIZER WORK?

A  $\it Wakes Up the NRF1 Protein - To support cellular protection and helps support well-being.$ 

*B Helps Support Protection of Your Cells* — Means your body functions more efficiently and helps supports well-being.

C Reduce Oxidative Stress — Combined with Protaindim Nrf2 Synergizer, antioxidants reduce oxidative stress to protect cells and support cellular health.





# HOW DOES PROTANDIM NRF1 SYNERGIZER SUPPORT HEALTHY AGING?

By helping to promote cell function by maintaining the health of the mitochondria.

### WHAT INGREDIENTS ARE IN PROTANDIM NRF1 AND WHY?

- L-Carnitine A molecule that is naturally produced in the body.
  L-Carnitine enhances fatty acid metabolism to boost mitochondrial energy production (ATP).
- Coenzyme Q10 It is made in the body and resides in mitochondria where it plays a key role in transporting electrons so ATP is made.
- Grape Extract This extract, made from the whole grape (seeds, pulp and skin), contains powerful natural polyphenols (flavanols) known to support healthy aging.
- Quercetin It is a flavonoid widely found in nature. It can support cellular energy levels, stress response and antioxidant defense mechanisms.

# WHAT KIND OF CAPSULES ARE USED FOR PROTANDIM NRF1 SYNERGIZER?

Vegetable capsules.

### IS PROTANDIM NRF1 SYNERGIZER VEGETARIAN FRIENDLY?

Yes, Protandim NRF1 Synergizer is Vegetarian.

### CAN MY PET TAKE PROTANDIM NRF1 SYNERGIZER AS WELL?

We have not tested Protandim NRF1 Synergizer in pets, so we do not recommend it.

