

PROTANDIM[®]

immune health essentials

ACTIVATION STACK™

EN PROTANDIM[®] & LIFEVANTAGE[®] PRODUCTS

product information sheet



Defend Your Health

Your parents were right. Eating your vegetables and washing your hands is good advice. But there's more you can do to feel your best and support your health. This stack provides well-rounded support to promote strong immune defenses: Protandim[®] Nrf2 Synergizer[®] activates your body's protective antioxidants significantly more than vitamin C to help keep immune cells responding optimally. LifeVantage[®] ProBio[™] supports a balanced gut and primes your immune system for action. And LifeVantage[®] Daily Wellness[™] delivers a unique blend of 5 key nutrients in a delicious drink mix that will help your immunity thrive.*

Benefits



Supports all 3 systems of the immune system: barrier, innate, adaptive*
LifeVantage Daily Wellness



Protects cells from oxidative stress to support healthy immune signaling*
Protandim Nrf2 Synergizer



Promotes a healthy gut, where a majority of immune cells live*
LifeVantage ProBio



Primes immune system for effective response, without overstimulating it*
LifeVantage ProBio



Supports production and function of immune cells*
LifeVantage ProBio

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Tips

A healthy immune system is key to staying well. Here are some tips to help:



Sleep

Quality sleep is linked to a healthier immune system. If you struggle getting enough sleep you can avoid screen time and blue light before bed, meditate before bed to calm your mind, and sleep in a completely dark room or use an eye mask.



Hydrate

Dehydration can impact many bodily functions. Stick with plain water and drinks with added vitamins and antioxidants. Avoid drinks with added sugar, too much caffeine, and unhealthy additives.



Fermented Foods & Probiotics

You can supplement a diet rich in fermented foods with a daily probiotic. Probiotics aid in healthy digestion and play a big part in the health of your gut. Your immune system and gut work together to support your overall health.



Daily Maintenance

One of the best ways to improve your overall health is to focus on your immune health. You can use diet, exercise, and supplements in conjunction with stress management and relaxing activities to maintain your immune health all year long.

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Directions

For best results, drink Daily Wellness in 12-16 ounces of cold water, and take 1 Protandim Nrf2 Synergizer caplet and 1 ProBio capsule per day.

Please visit [LifeVantage.com](https://www.LifeVantage.com) to find the supplement facts for individual products.

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