

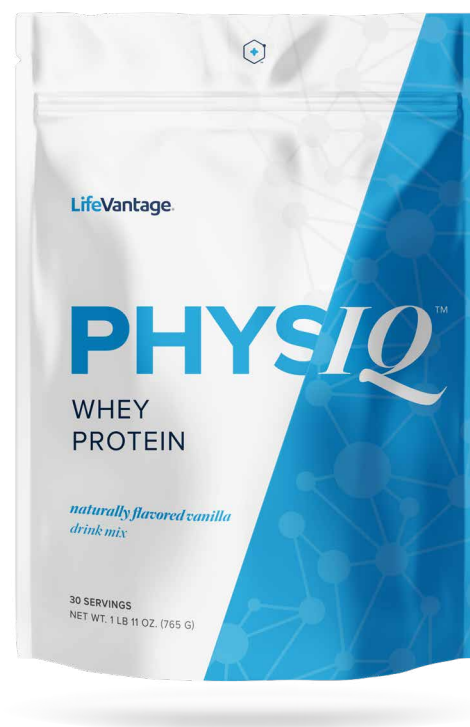


PHYSIQ™

WHEY PROTEIN

LIVE BETTER. PERFORM BETTER.

With PhysIQ Whey Protein, you get 18 grams of appetite-curbing, great-tasting, high-quality protein powder. It gives you all the energy and amino acids your body needs to build lean muscle, provide energy, and recover from workouts—without the unnecessary sugar and carbs it could do without.



Product Info

BUILD LEAN MUSCLE. GAIN AN EDGE.

The PhysIQ Protein Shake is a great tasting way to support the development of lean muscle your body needs to help burn stubborn fat. It combines fast- and slow-release proteins to immediately curb your appetite and keep you

full longer without unnecessary sugar, carbohydrates and calories. It delivers a complex array of amino acids to support quick workout recovery and help you build and maintain lean body mass, which helps you burn fat more effectively.

WHEY PROTEIN

Benefits

- Packed with 18 grams of protein to help you feel full longer and reduce unnecessary snacking
- Quickly digested to satisfy hunger
- Promotes development of lean body mass to support effective weight management
- Helps deliver natural amino acids to your blood to encourage new muscle growth and speed up workout recovery
- Less than 1g of sugar per serving

Science

Protein is an essential macronutrient and is found throughout the body (muscle, bone, skin, hair and almost every body tissue). Protein also makes up enzymes that support many chemical reactions in the body.

Protein is made up from over twenty different amino acids (essential and non-essential) and since we don't store amino acids, we need to get the essential amino acids from food. The non-essential amino acids can be produced in our body.

Whey Protein - Quickly digested, Whey protein satisfies hunger right away and triggers an immediate increase in amino acids — stimulating protein synthesis and enabling significant muscle growth.

Amino Acids - Branched-chain amino acids are signaling molecules that support and also stimulate protein synthesis to build and grow muscle cells.

Directions

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Mix one scoop of Whey Protein with 8 ounces of water.
Take one or two times a day.