

# PHYSIQ™

## WEIGHT MANAGEMENT. THE WAY YOUR BODY INTENDED IT.

It's a universal feeling—stepping on the scale and not knowing what it is going to say, no matter how consistent your actions have been. Why? Why can the same diet and exercise routine lead to great results one day and not the next? This is frustrating, and guess what? It's not completely your fault. One factor is that as we age our bodies can get a little out of whack. To work optimally again, they just need a helping hand.



### Product Info

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#### WHO HAS TIME TO BE HEALTHY?

The weight loss industry is dominated by short-term gains, inflated hype, and never-ending fads, but at LifeVantage we're taking a different approach. It starts with science, and it's engineered specifically to keep your body optimized for health. Welcome to PhysIQ – a biohacker's approach to weight

management. Utilizing the newest advances in gut science, our products are flexible and powerful. They help you feel energized. They boost your metabolism. And with nutrigenomics, they help you get more out of your biology so you can achieve your weight management goals.

*Benefits***PHYSIQ PREBIOTIC**

PhysIQ Prebiotic works together with LifeVantage ProBio to give your gut a one-two punch of health to your gut to support a healthy metabolism and a digestive system that runs like a well-oiled machine.\*

*PhysIQ Benefits*

- Helps you feel less hungry\*
- Supports a balanced gut microbiome\*
- Promotes a healthy gut environment to feed your probiotics \*
- Supports a healthy digestive system\*
- Promotes a healthy relationship of good bacteria by allowing healthy bacteria to thrive\*
- Helps maintain balanced blood sugar levels already within healthy range\*
- Promotes bowel regularity\*

**THE PHYSIQ WEIGHT MANAGEMENT LINE***PhysIQ Fat Burn*

Healthy weight management isn't a sprint. It's a marathon. PhysIQ Fat Burn is a long-term, scientifically formulated solution designed to support your body's ability to burn fat with ingredients like Sinetrol®\* and Green Coffee Bean Extract. It's a safe, effective way to wake up your metabolism, feel more energized, and help you shed those stubborn pounds.\*

*Fat Burn Benefits*

- Increases fat burning by using stubborn fat cells as energy\*
- Helps maintain lean body composition\*
- Supports continuous and prolonged fat burning\*
- Helps you feel more energized\*
- Supports weight management\*
- Engineered with clinically shown ingredient Sinetrol®†

† Sinetrol® is a registered trademark owned by Fytexia SAS.

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

*PhysIQ Whey Protein*

With PhysIQ Whey Protein, you get 18 grams of appetite-curbing, great-tasting, high-quality protein powder. It gives you all the energy and amino acids your body needs to build lean muscle, provide energy, and recover from workouts—without the unnecessary sugar and carbs it could do without.

*Whey Protein Benefits*

- Packed with 18 grams of protein to help you feel full longer and reduce unnecessary snacking
- Quickly digested to satisfy hunger
- Promotes development of lean body mass to support effective weight management
- Helps deliver natural amino acids to your blood to encourage new muscle growth and speed up workout recovery
- Less than 1g of sugar per serving