

fat burn

METABOLIC ENHANCER

EN FAT BURN / ES FAT BURN

frequently asked questions

What is PhysIQ Fat Burn?

PhysIQ Fat Burn combines active ingredients Sinetrol®, Green Coffee Bean Extract, and B vitamins to help you feel and look your best. This unique blend of ingredients helps stimulate your body's ability to convert white fat into beige fat — a form of fat that is easier for your body to burn. When combined with exercise and a healthy diet, daily use of Fat Burn can reduce fat especially in the difficult trunk area, to help you reveal a leaner you that you are sure to love.*

What is Sinetrol®?

Sinetrol is a weight-management ingredient formulated from Mediterranean citrus fruits and guarana. The combination of natural ingredients stimulates adipose being, which helps the body change fat from a storage fat to a fat that is more easily burned for energy. Sinetrol is backed by 10 years of research as well as several published peer-reviewed clinical studies.*

How is PhysIQ Fat Burn different from other fat burners?

PhysIQ Fat Burn uses smart ingredients to burn fat safely and naturally. It combines the wisdom of nature with the reliability of science to help your body shed unwanted pounds without the need for harmful stimulants. The formula works synergistically to activate your body's natural ability to burn fat and do it long-term. Key ingredients in the formula have been shown to help reduce body fat and boost your metabolism and energy.*

Is it safe to use if I am nursing or pregnant?

We do not recommend using PhysIQ Fat Burn while nursing or pregnant.

Does Fat Burn contain Nrf2 ingredients?

PhysIQ Fat Burn does not contain any Nrf2 ingredients.

Are there any side effects with using this PhysIQ Fat Burn?

Although every individual reacts differently to products, Fat Burn and its ingredients have been tested and have not shown any unexpected side effects. If you are concerned, please contact your health professional.

Does PhysIQ Fat Burn contain harmful stimulants?

Unlike many fat burners on the market, with PhysIQ Fat Burn the caffeine content and vitamins are provided at very safe levels. There are no other stimulants present in the product.

How much caffeine is in PhysIQ Fat Burn?

Green coffee and guarana extracts contain naturally occurring caffeine. You'll get less than 50 mg per serving.

Does Fat Burn actually work?

Individual results will vary but one trial on Sinetrol showed that after 16 weeks of using the product, the average participant reported losing 5.2% body fat, which is equivalent to 4 pounds. It increases the number of calories you burn while at rest — even without exercise. In fact, in the same clinical study it was shown that resting energy expenditure increased by 181 calories per day! It specifically targets fat loss around the waist and hips — the most stubborn areas where people struggle to lose. The same clinical study showed that 65% of total fat loss was in the waist and hips. This was with little to no change in their diet and exercise routine.**

Is Fat Burn safe?

The naturally sourced ingredients and product itself have been rigorously tested to verify that it is a safe supplement for consumption, as long as it is used as directed. Please contact your health professional for individual concerns.

Where should I see results?

In the clinical trial, participants reported that 65% of their weight loss was in their trunk (abdomen, love handles, hips, etc).[†]

Is it safe to take other lifevantage supplements with PhysIQ Fat Burn?

Yes, you may use any of LifeVantage's other supplements in conjunction with PhysIQ Fat Burn. For any questions about using prescribed medication with PhysIQ Fat Burn, please contact your health professional.

[†]Results demonstrated by subjects taking the key ingredient Sinetrol as directed from Week 1 to Week 16. Statistically significant difference within the Sinetrol group (P<0.0003.)

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent disease.